Mary Marshall Waller

HURP Travel Award

## Experience Summary: APHA Annual Meeting

I am honored to have been able to represent Mississippi State University at the American Association of Public Health's 150<sup>th</sup> Annual Conference in Boston Massachusetts in November 2022. At the conference, I was able to present my research on mental health in rural Mississippi entitled *You can lead a horse to water, but you can't make it drink: are rural Mississippians more likely to seek mental health services if accessible?*, which I have been working on as a Community Health Intern for the Mississippi State Extension. This experience was both enriching and inspiring. During my experience I engaged in thought provoking conversations with many intellectuals and professionals in the field of public health. I also had the opportunity to examine other poster presentations in varying topics regarding public health. This opportunity gave me valuable networking and speaking experience. I could not be more grateful to Mississippi State, my mentors, and the Shackouls Honors College for this experience.