

Bailey Whitmore

Travel Award Experience

At the end of May 2022, I traveled to Chicago, Illinois along with my research partner and lab mentor to present at the Association for Psychological Science convention. During my time at the conference, I presented my research poster, *The Relationship Between Generalized Anxiety and Quality of Life, Moderated by Days in Isolation During the COVID-19 Pandemic*, and answered questions the viewers had. I also co-presented with my research partner on her poster, *Influence of Family Cohesion, Expressiveness, and Conflict on Emerging Adult Risky Sex Behavior and Substance Abuse*. While I was at the APS convention, I was able to read and ask questions about other students' research posters and make connections with them. I attended a variety of talks on different topics within the psychological science field. I was able to talk with various individuals and broaden my knowledge within the psychological science world, as well as my knowledge of options for graduate school. I am very grateful for the support from the Shackouls Honors College to help me to travel to this convention and learn more about upcoming research.